

7<sup>th</sup> Tradition: Supporting OA

The Seventh Tradition tells us that OA is self-supporting at all levels. Outside contributions are not accepted. To meet OA's basic needs, a 50/40/10 Plan is recommended. 50% INTERGROUP// 40% WORLD SERVICE OFFICE// 10% to REGION 8 After your regular group expenses are met (donation instead of rent, literature, a prudent reserve, etc.) it is suggested that the remaining amount be distributed according to the 50/40/10 Plan.

You may use these forms when making your regular monthly/quarterly donations. They may be used for a "one-time", a birthday/anniversary, or a personal donation.

 **OVEREATERS ANONYMOUS®** 50% to INTERGROUP

Checks payable to: Greater Ozarks Intergroup OA (GO-OA Ig)  
Mail to: Greater Ozarks Intergroup OA (GO-OA Ig) PO Box 8675 Springfield, MO 65801  
Group Name & #: Meeting Location: Meeting Day/time: Sent By:  
Address: City, State, Zip: Amount: \$ Check No:

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 **OVEREATERS ANONYMOUS®** 40% to World Service Office

Checks payable and mail to: WSO: 6075 Zenith Ct. NE, P.O. Box 44727 Rio Rancho, NM 87174-4727  
Group Name & #: Meeting Location: Meeting Day/time: Greater Ozarks OA intergroup  
Sent By: Address: City, State, Zip: Amount: \$ Check No:

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 **OVEREATERS ANONYMOUS®** 10% to Region 8

Checks payable and mail to: Region 8 OA: SOAR8 Treasurer, P.O. Box 213, Deerfield Beach, FL 33443  
Group Name & #: Meeting Location: Meeting Day/time: Greater Ozarks OA Intergroup  
Sent By: Address: City, State, Zip: Amount: \$ Check No: